

Puffy Paint Recipe



DESCRIPTION

Easy recipe with ingredients that most of you have at home. Since they are all edible, this is safe for young children to work with.

MATERIALS

- 1 Tablespoon Self Rising Flour
- 1 Tablespoon Salt
- 1 Tablespoon + 1 teaspoon water
- Food Coloring 3-4 drops each color
- Cut pieces of cardboard (4" x 6" is a good size)
- Paper towels or paper plate to microwave on and newspaper to work on.

STEPS

1. Put salt, self rising flour, and water in a dish. Add food coloring to each dish.
2. Mix thoroughly. We used a mini whisk to get a smooth consistency.
3. Lay newspaper on table to work on. Use paint brushes or Q-tips to paint with.
4. When the painting is done, place on a sheet of paper towel or paper plate and put in the microwave.
5. Microwave for 20-30 seconds.
6. Remove from microwave using the paper towel or plate to lift up. It will be warm, not hot. Have an adult do this step.