

Cinnamon Hearts

A great hands on activity that your child will enjoy. Hang as an decorative piece, add to potpourri or embellish a gift as a tie on, or a gift for the teacher.

INGREDIENTS

- 1 cup cinnamon
- 1 cup applesauce

MATERIALS

- Cookie Molds or Cookie Cutter
- Medium Bowl
- Waxed Paper or Parchment Paper
- Plastic Wrap
- Rolling pin
- Baking Sheet
- White Crayon

OTHER MATERIALS

- Coffee stir straw or skewer to poke a hole for hanging
- Ribbon if hanging

STEPS

1. Place all ingredients in a mixing bowl.
2. Place on cinnamon dusted surface and knead until well blended.
3. Spoon out enough to make a ball about the size of a golf ball, flatten slightly and place on surface of cinnamon, flip it over and dust the other side.
4. Place the rest of the cinnamon dough in plastic wrap.
5. Prepare the mold by dusting it as well with the powdered cinnamon.
6. Roll out the ball of dough until it covers the top of the mold, keep the dough thick.
7. Place on top of the mold and with rolling pin and hands tap on the dough, pushing it into the mold.
8. Flip the mold over and allow the cookie to fall out.
9. Cut around the edge, the thickness of the cookie should be approximately 3/8".
10. Punch a hole in the heart if you want to tie with a ribbon or hang it up for decoration and wonderful aroma.
11. Place in a warm oven 200 degrees or less and allow to dry slowly for several hours, make sure it is drying on powdered cinnamon.
12. Next allow to cool, dust off, and color with white crayon.